

Harm Reduction Task Force Hastings & Prince Edward in partnership with
the Children and Youth Services Network and Community Services Network Presents

Exploring Mental Health and Addictions

The Unpredictable Journey

Mary Joan Brinson,
MSW, RSW

Mentor & Therapist



Connections to Change

4 Speakers—1 Full Day



Joe Roberts - Skid Row CEO

Keynote Speaker

Will Manos,
B.A. Dip., A.T.C.

John Howard Society



Youth Connections

Also - Dr. Bonham-Carter Local Physician

Connections between Mental Health & Addictions

“There’s more to you than you can see.”

Joe Roberts

Investing in recovery, Joe shares his story relating to the work we do every day. He teaches how anyone can transform and overcome perceived limitations and live their dreams with the right help and guidance.

Video Invitation

<http://youtu.be/WB1JCixZX4>

Tuesday, May 26th, 2015

Maranatha Auditorium
100 College St. West, Belleville

8:00 a.m. Registration

8:30 a.m. (sharp) Start to 4:00 p.m.

\$50 per person - includes lunch & snacks

Ticket Required for Entry

Deadline is May 15

Tickets available on-line with
Visa or MC through Hastings & Prince
Edward Counties Health Unit link:
[https://www.eventbrite.ca/e/
exploring-mental-health-
addictions-the-unpredictable-
journey-tickets-15830882596](https://www.eventbrite.ca/e/exploring-mental-health-addictions-the-unpredictable-journey-tickets-15830882596)

or purchased with exact change only at:

- Hastings & Prince Edward Counties Health Units in Bancroft, Belleville & Picton
- Mental Health Services Belleville & Picton
- Balu’s Pharmacy Stirling - 9 Tuftsville Rd
- Madill’s Pharmacy in Frankford - 7 Mill St.



Harm Reduction is a set of practical strategies that when applied to drug use, reduces the harmful consequences. It does not judge and aims at improving the overall well being of users. It includes strategies for safer use, managed use and abstinence, meeting people “where they are at.”